

Families of Faith

January



Prayer Corner



Dear Jesus, Mary, and Joseph, thank you for loving each other. Help us to love like you do, to be kind, and to help each other. Make our home a place of peace and joy. Amen

January can feel a cold and grey month with the excitement of Christmas behind us. Imagine how Mary and Joseph felt as they got to know the baby Jesus. In your prayer area this month collect things that remind you of being a family.

Family Faith in Action



Spread a smile to others when you go for walks together. Say hello to another family at Church or on the playground - thinking about the Holy Family being in a strange land not knowing people.

Saints to Inspire

31 January - St John Bosco

St John Bosco is the patron saint of children. His father died when he was two years old and his mother brought him and his brothers up in poverty but with a strong faith. He became a priest and devoted his life to helping the poor and young people. He taught them, cared for them, and gave them opportunities. He had a fun side. As a boy he learned magic tricks and used this to help him teach children about the faith.

How can you be like John Bosco? Learn a magic trick this month and perform it to others - telling them about St John Bosco. Save pennies to give to a youth charity. At your family meals celebrate the children's strengths, talents and potential with them.

Good News from the Gospel



We have come from the East to worship the King (Mt 2:1-12)

January is the month of change for the Holy family. They welcome visitors from afar who have followed a star for many months to see the new baby. They then had to travel to a strange land themselves. Their faith in God meant that they knew they had to live with strangers until such a time that Jesus could be safe. During this time they were giving their best offering to God. What can you do this month to show your best offering to God? Think about people who are living away from home in your prayers.



National Hot Chocolate Day 31st January

Go for a walk and share hot chocolate with someone who would appreciate your friendship

